

Mommy & Me Move & Groove

Young children have fun dancing and singing while working on their motor and memory skills. Stretches, jumps, leaps, improvisations, and across the floor and center floor combinations are all included. Music and props are implemented into the class to enhance the children's experience. Mommy's, of course, can be either parent or guardian.



Who: 2 - 3 years
When: Tuesdays, 9:15am - 10:00am
Open: March 2nd - March 30th (5 weeks)
Cost: \$35/child
Register by Feb 23rd

Instructor: Lori L. Hardacker is the owner & operator of Dance Parties & Fitness in Motion! She hold a BA in Dance and a minor in Theatre. Previous owner of "Topsfield Dance Academy"

Checks or money orders made out to Dance Parties & Fitness in Motion. Sorry, no cash registrations, This class in not run by the Newmarket Recreation Department.



Tutus & Tap Shoes

The students will be introduced to the basic concepts of ballet and tap. We will work on movement and motor skills, flexibility, balance, musicality, and rhythm as well as learn basic ballet and tap terminology. Stretches, jumps, leaps, improvisations and across the floor and center floor combinations are all included. Music and props are implemented into the class to enhance the children's experience. To top it all off, the little dancers will be supplied with a tutu to wear during class each week! **Each child is required to bring their tap shoes to class.

Who: 4 - 5 years
When: Tuesdays, 3:15pm - 4:00pm
Open: February 16th - April 13th (no class 2/23)
Cost: \$55/child
Register by Feb 12th

* see Mommy & Me Move & Groove class above for details on instructor and payment information.



Silly Slides...

Toddler/Preschool Open Gym

Yippee, Yahoo, & Wee for all your active young ones! Newmarket Recreation is offering a safe, warm and convenient place to take your little tikes (ages up to 5 yrs) during the wintertime where they can run and play to their hearts content on a variety of age appropriate props, mats and toys! Note: A parent/guardian must remain onsite.

Who: Up to 5 years
When: Fridays, 12pm - 1pm
Open: Continuing until - March 26
Cost: \$3 /child - \$2 / additional child within same family.



Little "Rec"tiles

Preschool Playgroup

Yes, it's a New Year, and yes, there is still room in both our playgroup classes. Plus, preschool teacher Nicole Mazur, along with the rest of her class, would love to have more kids to play with. This socialization class is a perfect opportunity for young children to learn how to interact with each other while doing a variety of activities including: Arts and Crafts, Storytime and plenty of Playtime with their friends. This is a perfect step-up class before entering kindergarten. The class follows the regular school 2009/2010 calendar and ends in June.

Who: 3 - 5 year olds
When: Daily classes are held between 10am-12pm
Breakdown: 3 - 4 yr olds Tues/Thurs \$27/ week
4 - 5 yr olds Mon/Wed/Fri \$37/week
4 yr olds may sign up for all 5 days \$60 /week (sign up & payment is due mthly)

Its a Start Smart Preschool Sports



Start your little one ages (3 - 5 years old) off the smart way by introducing them to our very popular Preschool Sports Program. This class is a perfect opportunity to expose your preschooler

to a variety of different sports where very basic skills are taught, and lots of fun is always guaranteed! A parent/guardian must remain onsite. In some activities we encourage both parent and preschooler participation, but it is not required.

Polo Ball (like hockey, but indoors)

Wed 10:15am - 11:00am 3/10 - 4/7

Wed 1pm - 1:45pm 3/10 - 4/7

T-Ball

Wed 10am - 10:45am 5/5 - 6/2

Wed 1pm - 1:45pm 5/5 - 6/2

Inclement weather dates may not be the same day as class.

Cost: \$25 / child 5 week sessions

Register ASAP. Time slots fill up quickly.



Rec Lacrosse Grades 3 & 4

Our six week lacrosse programs introduces players to the exciting game of lacrosse and helps young players develop new individual skills - from stick handling to shooting to defending. Participants will develop a greater understanding of team play in this game, learning the concepts, moves, and basic skills to help make them work as a team. The lacrosse balls that will be used are a softer ball than the traditional lacrosse ball. These six weeks are designed to give young athletes the opportunity to learn a new sport and improve in a fun, positive atmosphere. The Newmarket Recreation Department will transport your child from Newmarket Elementary after school to the Community Center.

Who: Grades 3rd & 4th

When: Thursdays, 3:15pm - 4:15pm
May 6th - June 10th

Where: Leo Landroche Field

Cost: \$50 / child / 6 weeks

Register by April 3 (limited to 20)

Newmarket T - Ball for 5 & 6 Year Olds



Newmarket Recreation is on the ball again with T-Ball. The children will be taught the basics of baseball in T-ball format. The children will be playing at Leo Landroche field and on the Housing Authority field, but will meet at the Community Center. Participants will get a t-shirt & hat. Recruiting Coaches: Due to the amount of time and numbers of participants, we are again looking for adults to assist

in coaching with a t-ball team this season. Please call Jim Hilton if you are interested.

Who: Newmarket 5 and 6 year olds only
Child must be 5 yrs old by 4/30 to play.

When: Wednesdays, 5:30pm - 6:30pm for
6 weeks, May 5th - June 9th

Cost: \$40 / child (includes team hat & shirt)

To guarantee your child receiving a t-shirt you must register your child by April 15th.

Come Join The Pickle Ball Craze!

Newmarket Recreation is starting a Pickleball program. Come and join us in learning how to play the game that has

become very popular. Pickleball is like a mixture of tennis and ping-pong. The game is played on full size courts and you will be using rackets and plastic balls. You will be learning all the rules of the sport and how to play it with your friends. We have a full court set up with all the equipment that you need. All you need to bring is yourself and learn how to play a fun game that the whole family will enjoy.

Who: Grades 4th - 6th

When: Tuesdays, 3:15pm - 4:15pm
May 4th - June 8th

Cost: \$35 / child / 6 weeks

Register by: April 19



Jazz & Hip Hop

Each class begins with a full body warm up followed by progressions across the floor and basic jazz & hip hop combinations. Classes focus on stretching, physical coordination, and building strength and flexibility.

Who: 6 - 9 years old
When: Tuesdays, 4pm - 5pm
Open: February 16th - April 13th
Cost: \$60/child

Register by Feb 1

Instructor: Lori L. Hardacker is the owner & operator of Dance Parties & Fitness in Motion! She hold a BA in Dance and a minor in Theatre. Previous owner of "Topsfield Dance Academy"

Checks or money orders made out to Dance Parties & Fitness in Motion. Sorry, no cash registrations. This class in not run by the Newmarket Recreation Department.

5th Grade Dance

Upon entering the dance, you and your friends will have a chance to vote for your current top 10 favorite songs. By the end of the night *Sound Dimensions*, our D.J.'s, will do a countdown of the songs most requested by you! You do not need to have a date for this event. This is strictly an open night of fun, dancing, and just hanging out and listening to some popular music with your friends. Be sure to have your parents sign you up for this pre-registration dance!

When: Friday, March 26th
7:00pm - 9:00pm
Where: Community Center
Cost: \$7.00 / child
Register by March 12



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Vacation Weeks Field Trips

Kids, we've come to your rescue... That's right! During February & April Vacations, we've scheduled 6 exciting field trips. Below is a list of days Rec's In will be offered. Also, if you need to drop your child off earlier or pick them up later, the Community Center game room is available from 8:30am-4:30pm.

School's Out / Rec's In	Field Trip:	Prices
Tues. 2/23	10-3:30pm Chuck E. Cheese	\$18.00*
Wed. 2/24	10-3:30pm Bowl O Rama	\$20.00*
Thur. 2/25	10-4:30pm Roller Skate Newington	\$18.00
Tues. 4/27	10-3:30pm Movies	\$18.00
Wed. 4/28	10-3:30pm Fun World	\$20.00*
Thur. 4/39	10-3:30pm Hill Top Fun Center	\$20.00*

* Denotes fee includes pizza and soda.



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Attention all 11 to 15 year olds. Do any of your neighbors or relatives ask you to baby-sit? Would you know what to do in an emergency? Newmarket Recreation is once again offering this course to become a certified Red Cross baby-sitter. This course will be taught over 5 days. If you are interested, please register at the Newmarket Community Center.

Instructor: Assistant Recreation Director Aimee Gigandet has been teaching this class for over 12 years.

Who: Responsible 11 + year olds
When: Monday - Friday, 3:15 pm - 4:30pm
April 5th - 9th
Cost: \$50 / participant
(includes a baby-sitters training book
and small first aid kit)

Register by March 26 (minimum 6, maximum 10)